

## ABOUT US

Yoga at The Grange is designed and built from the ground up with yoga in mind - as a sanctuary, as a space for mental, physical and spiritual growth and as a home for the yoga community in King's Lynn.

## STUDIO SPECS AND FACILITIES

- Space for up to 20 participants
- Yoga props - mats, blocks, straps, bolsters and blankets are available for use
- Mirrors along one wall
- Wooden floor with underfloor heating
- Infrared heating and humidifier for hot yoga
- Air conditioning
- WiFi
- Step-free access
- Accessible toilets
- Tea and coffee making facilities
- Private car park including accessible spaces and electric vehicle charging

## GET IN TOUCH



Email  
[ellie@yogaatthegrange.co.uk](mailto:ellie@yogaatthegrange.co.uk)



Website  
[www.yogaatthegrange.co.uk](http://www.yogaatthegrange.co.uk)



Address  
The Grange Hotel, Willow Park,  
King's Lynn, PE30 3BP



EST.



2025

# YOGA AT THE GRANGE



## WHY CHOOSE YOGA AT THE GRANGE?

- A bespoke, high-end, yoga and movement space specifically designed for movement professionals like you
- A clean, well maintained space without the sticky floors, glitter and dirt you find in village hall environments
- A full stock of specialist yoga and movement equipment - leave your Ikea bags at home!
- Marketing support for your class, workshop or event through social media, in studio displays, studio website and newsletter
- On site hotel with catering and/or accommodation options for workshops and retreats (coming soon)

|             |                     |
|-------------|---------------------|
| £200        | Full day (10h) hire |
| £100        | Half day (5h) hire  |
| £30         | Evening class       |
| £25         | Daytime class       |
| £22.50/hour | Ad-hoc evening rate |
| £20/hour    | Ad-hoc daytime rate |

Class slots are 90 minutes - 60 minutes class time plus 15 minutes either side for set up and pack up

